



The Odyssey

Ulysses Club Inc. Adelaide Branch Newsletter

June 2020 Issue

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From the editors

Hi to all our fellow Ulyssians,

In the last issue we were all going into lockdown to combat the Covid19 virus and here we are 2 months later and still not out of the woods. The measures taken by State and Federal governments have seen us forgo a lot of freedoms but have also seen Australia lead the world in minimising infections and deaths. As a result, some of these restrictions have begun to be lifted but with great caution. We still need to be vigilant with social distancing and monitoring our health.

I have to say, we do live in the lucky country. There are so many in the rest of the world that are not in a good place. Having said that, I acknowledge that there has been a lot of people and families in Australia that have suffered because of this pandemic and our hearts go out to them.

I'm sure we are all looking forward to getting back together at the Monthly Meetings, Dinners and occasional trips away. Hopefully this is not too distant, and we can have some normality returning to our lives.

Good news. Club rides have recommenced with Covid19 rules in place, such as 10 riders to a group and social distancing when having breaks. Check the Rides calendar on the website for details.

Covid19 restrictions has created some gaps in magazine content so in this issue we have added some photos of members in lockdown and what they are doing to entertain themselves. There are still some of the usual favourites as well.

Finally, we would like to say, keep safe, keep well and we are looking forward to seeing you all again in person.

Cheers

Maurice & Michelle Stevens



Please email your story ideas and contributions for the Odyssey magazine to ulyssesadelaide+editor@gmail.com or phone us on 0419 822 717

We would love to hear from you.

The Adelaide Branch Committee Members 2020



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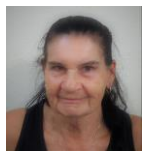
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Adelaide Branch President's Report

Not much to report! No organised anything. But there have been a few unofficial rides happening. SA has not been locked down like Victoria for example. So, rides by individuals or small groups have been possible. The recent ride from Top O Taps to Frank's at Victor Harbor being a good example.

However not everyone welcomes us into their area. We had a Facebook message from a person who lives at Clayton Bay. They saw a group of bikers larger than 10 going to their local 'shop', among them being a couple with Ulysses logos on their jacket. That person wanted us to keep away, not bring the virus into their neighbourhood. I doubt there were any Adelaide Branch Ulyssians among them, but our Facebook page must have popped up in the search for someone to complain to. The store (I assume The Sails) would not have held the same sentiment, probably welcoming the business.

Michele and I rode to Cuddlee Cafe a while back and had lunch there. The proprietor Babette was most welcoming. Places like that rely on bikers for a fair part of their trade. While we were there a small but steady stream of motorcyclists and cyclists passed though. It's the same food, but in a takeaway bag, with a nice park below to retire to. We should try to keep patronising places like that.

By the time you read this, restrictions on activities will be reduced. We are planning on a June committee meeting, even if just via video conference, in case we can report some club activities. Keep an eye on our website, Facebook page and WhatsApp group, for news and ride details.

Ken Wagnitz,



Hello Odyssey Readers

by Peter Castle

Well since COVID19 came along to restrict our movements and meetings not a lot has happened with our bank accounts other than processing costs of this magazine, so we still have over \$6000:00 in the bank. So, what have I been doing without Ulysses Adelaide to keep me occupied?

Firstly, both Tracey and I have remained healthy and continue to work, I have been spending half the week at work and the other half at home while my business partner does the same on the opposite days, so we continue to trade "just".

Personally, the restrictions have not impacted us much at all, we had TP in stock at home and have been able to pick up most of what we needed before we ran out of anything EXCEPT my Woolworths brand Coffee Pods, this has been a major cause of re-adjustment and compromise for me, I managed to find compatible pods online (manufactured in Adelaide) and ordered and had delivered a couple of hundred to see me through the crisis! Unfortunately, they are not as good as my usual ones hence the compromise.

The other Coffee Machines that I have for travelling take a different pod that are readily available but at twice the cost hence the re-adjustment of my coffee machine locations to meet the needs of my addiction. We have managed to keep in contact with relatives on both sides while keeping our grouping small and our contact minimal.

I have been visiting Uncle Dan frequently due to a continuing depletion of liquid refreshments from the fridge, it seems the more days you are not working the earlier the home bar opens, must be something to do with news reports that alcohol hand sanitiser kills the bugs on your hands so I assume ingested alcohol should kill the bugs inside (better than drinking Lysol as suggested by my mate Donald).

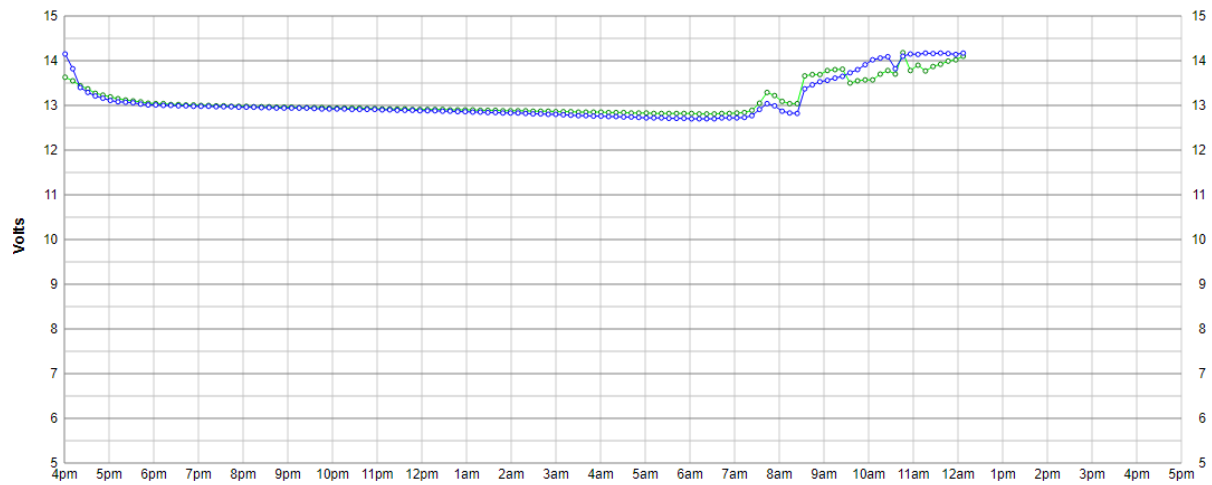
Speaking of Presidents, I have been in contact with Ken frequently as he has made a special Gadget for me to monitor my battery voltage on 2 battery banks and multiple temperature measurements at my place at Morgan, it then sends the info (every 5 minutes) via WIFI to his server, he then puts (via a program he developed) into a display and graph format that I can access online. This is extremely handy for me to see remotely that all is good at the block and with the camera system I have there I can check everything is OK when I am not there.

Of course while I have had extra time at home and a computer at the ready I have bought quite a few bits and pieces online i.e. a weather station with WIFI reporting so Ken could setup a web page for me to view the details from that as well, portable solar panels and a 200ah battery to add to the bank at Morgan.****I have kept Ken busy.****

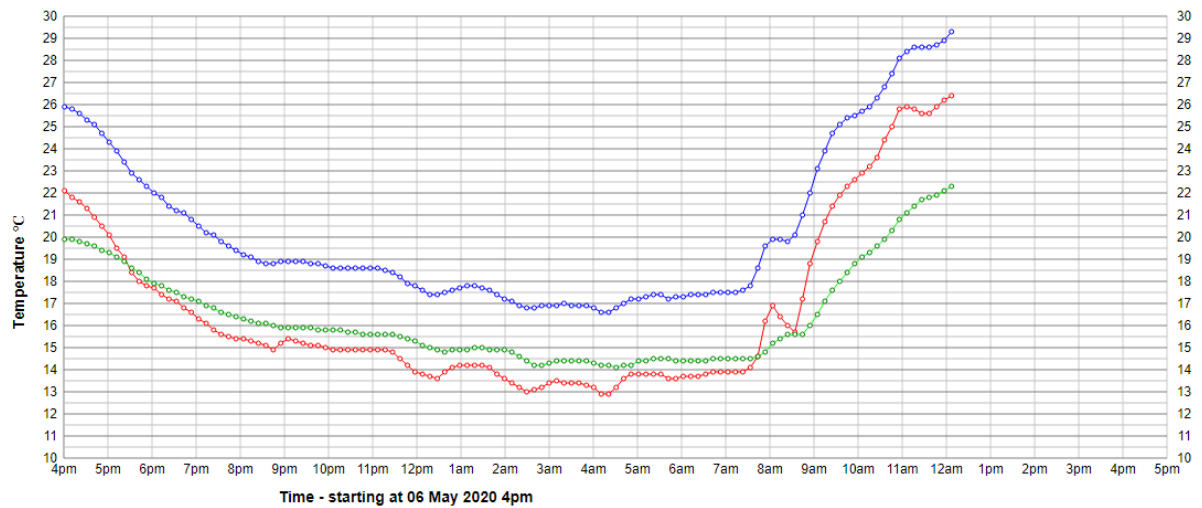
Since the restrictions started neither of my bikes have been out on the road, so we are looking forward to be able to get out on a bike and visit a Bakery or Cafe if not a Pub when it is safe and allowable. Looking forward to catching up with everyone as soon as it is OK to do so, stay safe and healthy until then.

Pete Volts/Temperatures daily graphs as at 2020-05-07 12:07:06

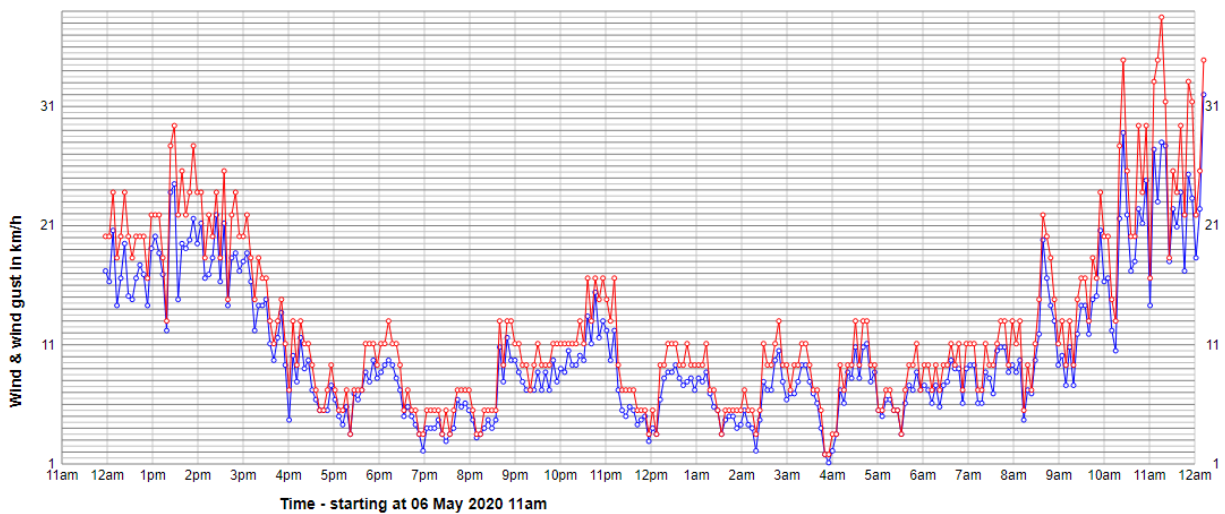
Volts ... [v1](#) [v2](#) [v4](#)



Temperature in °C ... [t1](#) [t2](#) [t3](#)



Wind ... speed in km/h ... gust in km/h



Ken in lockdown

by Ken Wagnitz

Not really. I still go shopping, occasional visits for afternoon tea (thanks Sue), regulars over for tea. But the biggest change for me has been no Ulysses activities (apart from a ride or two). Makes me realise just how big a part the club plays in my life.

Being retired and a computer nerd, I have managed to do even more of the same. My large pile of unread books has hardly been touched. I have 'discovered' the ESP8266 (late to the party as usual). That is a small 'Arduino' microcomputer module which has WiFi ability (and Bluetooth with some). So with some plugging in of wires and/or soldering, and stealing lots of other people's work off the net, I'm able to put together modules which can for example, read temperatures and voltages, and send them over the internet to my website, where my code receives the data, logs it in a database, and displays it in graphs. (See Pete's article for an example.)

There has been a fair bit of online shopping involved. China's Alibaba is unbelievably cheap if you do not mind a couple of months delivery time. Local is a couple of weeks, at a higher cost. My next projects are monitoring stuff in my caravan, and solar & power usage at home.

I have had a weather station at home for years. The latest one can send its data to the internet all by itself. Built in, are sites in common use. For example, you can see lots of private weather stations at underground. Mine is at <https://www.wunderground.com/hourly/au/adelaide/IADELA78> But dissatisfied what I get from that, I've written my own software. And now Pete's WS at Morgan is on it too.

So, software is keeping me busy, both on my website, and on the Arduino modules and I keep an eye on a few things: some Facebook pages; a Triumph Tiger website; club chat at Me We; and of course the forum I've started up at <https://ulyssesau.org/forum/>.

Ken the fiddler.



What has Glenda & Brenton been up to?

Not baking but cumquat brandy and limoncello. They better reflect my culinary skills- put the ingredients in a jar, shake, and wait three months.



Shed work. S00 ALF getting back on the road.

The Point Malcolm Lighthouse and keeper's cottage near the ferry proved worth the short climb to have a closer look.



Then on to Meningie in search of a bushranger's ostrich. The legend of the Birdman of the Coorong can be found on <https://coorongcountry.com.au/coorong-bushranger/> along with the history of other places along the way.

What has Robin Butler been up to?



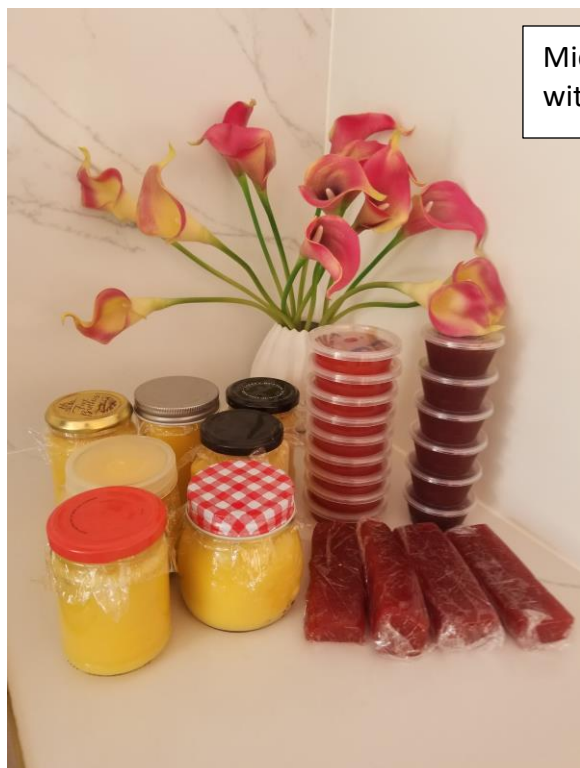
This is me flying the Balaklava Gliding Club's DG1001 glider. And a look down on the airfield out the window.



What has Don & Sue Freene been up to?



Michele Waggie (M1) in Lockdown



Michele's been busy cooking up a storm and sharing with others. Along with gardening and reading.

John Crowe celebrating Anzac Day



A ride to Franks was organised by Ray Murray Tuesday 5th May

A small group rode to Frank's place to be greeted with bowls of delicious soup and bread along with a cup of tea or coffee. (Bron's soup recipe is on page 22) It was a great ride and social distancing rules were observed.





Great photos supplied by Carrolyn – riding to Franks and Bron's Home



The Motorcycle Apprentice of the Year SA zone winner for 2020 is Will Lush.

Will works at Moto Adelaide on South Road. Many of our members have bought motorbikes from there. Congratulations to Will, and the business owner, Martin Guppy. We were supposed to present Will's prize and certificate with a bunch of Ulyssians congratulating him, but in this time of social distancing it was just Ken Wagnitz, Ulysses Club Adelaide Branch president, doing the honours. (The bucket is full of cleaning gear for Will to keep his bike shiny.) Good luck in the national contest, Will.



Sunday Ride Round Up

Cape Jervis 17th May Ride leader Rob Hartridge

Twenty bikes turned up to Macdonald's on Magill Road for the first official ride since the Covid19 lockdown. The weather decided that it would put on a perfect day for riding and some riders thought they may have overdressed for the occasion.

Restrictions dictated that only 10 could form a group, so the mob was split into 2 with Judy leading the 1st group and Rob the 2nd 10 minutes later.

The ride took a very scenic and often twisty route through the hills to McLaren Vale for morning tea where the 2 groups met briefly whilst being mindful of social distancing rules. Some riders decided to part ways at that point and the rest, still in 2 groups continued on to Cape Jervis roughly following the coast. Lunch was at the Cape Jervis General Store and they were pleased to see so many customers. In all, a great ride, perfect weather and company with only one minor incident to spoil the day. Pleased to say rider is ok with only bruises to both bike and ego.



Sunday Ride Round Up

Cape Jervis 17th May



Sunday Ride Round Up

Cape Jervis 17th May



Sunday Ride Round Up

Cape Jervis 17th May



Upcoming Rides

Date	Ride Leader	Event	Destination	Departing From
31 May 9.30am	Mike Green 0419 003 010	Day Ride.	Yankalilla	Top of Taps, Victoria Hotel OHalloran Hill
14 Jun 9.30am	Brenton George 0432 535 163	Day Ride.	Mannum	Pelican Plaza, 1007 North East Rd, Modbury
28 Jun 9.30am	Rob Hartridge 0422 114 225	Day Ride.	Birdwood	McDonalds, 303 Magill Rd, Trinity Gardens
12 Jul 9.30am	Peter Wood 0487 452 200	Day Ride.	Strathalbyn	Top of Taps, Victoria Hotel OHalloran Hill
26 Jul 9.30am	Mike Green 0419 003 010	Day Ride ending with a sausage sizzle.	Avoca Dell	Pelican Plaza, 1007 North East Rd, Modbury
09 Aug 9.30am	Brenton George 0432 535 163	Day Ride.	Goolwa	McDonalds, 303 Magill Rd, Trinity Gardens

Guidelines for Adelaide Branch Rides in these social-distancing times

To have organised rides now, we need to run the rides a little differently. These guidelines will change as the SA government adjusts the rules, so check the website for each ride.

- If you feel it's unsafe to mingle, don't come. Your safety and peace of mind are the most important things. (That said, even in good times, going for a ride is less safe than staying home.)
- At the ride start, the maximum number in a group is 10. Any more than that forms a new, distinctly separate group, at a clear distance.
- Keep 1.5m away from everyone all the time.
- If we have two groups of riders, we need two leaders and two TECs (tail-end-Charlie's). The nominated ride leader will organise.
- Two groups will leave at different times, main on time, second 15mins later.
- If a group has only one TEC, the last rider should keep an eye out for him, and the TEC should keep up with the group.
- At morning tea and lunch stops, keep your distance. Should the two groups end up at the same place, they should stay separate and at a clear distance.
- You might like to bring coffee/tea, lunch etc, to avoid going into bakeries and the like. But they do need our money right now.

IT for Old Farts

by Ken Wagnitz

That's *Internet of Things*, if you didn't know. To nerds and hackers, it means gadgets at home which are internet-connected and can-do various things or measure stuff. I am now getting into that.

For the average person it looks more like a smart light or power plug which you can turn on by yelling out something like "hey google, lounge light on". I am amazed at the number of gadgets coming out now which are internet connected, for example, the humble fan. Instead of getting up and turning on the fan, you can ask Google (or Alexa etc) to do it. With that comes the power of rules which do even smarter things, like turn on the lights when you approach in your car, if it is dark.

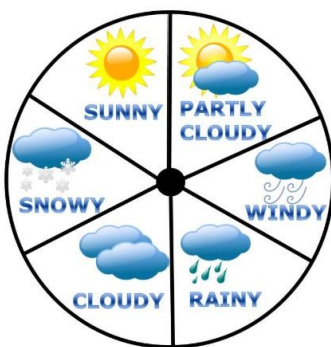
Trouble is, all those gadgets connect to a remote server, passing on who knows what info. Even a camera to monitor the front door does. (Anyone see the 4 Corners episode on Amazon? Interesting watching. Catch it on iView.) And for Google Home, or Amazon Alexa etc to be able to respond to spoken commands, they are listening to everything said, and sending it somewhere over the net. In some cases, people at the other end are listening, not just computers.

Personally, I am not comfortable with that scenario. If it's an Aldi gadget, it connects to a server in Germany, if Google or Amazon, a server in America or China, for other stuff, servers in China. What a gadget connects to is written into its 'firmware', the code programmed into it, never to be changed unless you are a hacker that replaces it with your own code. Not an easy task but done with some devices like the smart power plugs.

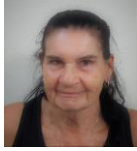
A more benign class of gadget that sends to the internet, is the Wi-Fi weather station. These are available for less than \$200, are easy to set up, and reasonably accurate. So, if you are interested in monitoring how much rain you got at home while away, for example, one of these things will tell you. You put an app on your phone to set them up, then they can send data periodically via your Wi-Fi at home, to free websites that you can view from a browser. They are pre-programmed for some sites, but a 'custom' site can be configured. Or if you just want to look at other folks' weather stations near your home, have a look at sites like Underground, Weather cloud, Eco Witt, Weather Observations Website, etc.

Of course, there is always BOM (Bureau of Meteorology) at <http://www.bom.gov.au/>. But where is your nearest observation site? Adelaide airport? My Lofty? It is amazing how the weather varies so much only a few kms away from those places. So, having my own station is nice.

Geeky Ken.



Welfare Officer - Friendly Reminder



As Ulyssians we greatly value the camaraderie and support that is provided by our fellow members. Adelaide's Welfare Officer is a central person in our branch to ensure members in need are assisted in whatever manner is appropriate for that individual.

All members have a responsibility to inform the Welfare Officer if you know of someone who needs support. Perhaps they are unwell, had a close relative / companion die, or experiencing any other physical or emotional need. Let the Adelaide Branch Welfare Officer know immediately so Gayle can organize a hospital visit, home visit, send a card or arrange any other appropriate help.

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What's On Page

(NOT MUCH)

Check our website
<https://ulyssesadelaide.com.au> and Facebook
page for events due to COVID-19 restrictions,
which are being lifted gradually now.



Curried Mixed Sprouts & Quinoa Soup

Serves 6 – 15 Mins Prep – 20 Mins Cooking Time



INGREDIENTS

- 1 tbs rice bran oil
- 1 tsp fennel seeds
- 1 tsp mustard seeds
- 1 onion, finely chopped
- 2 garlic cloves, crushed
- 2 tsp ginger, finely grated
- 1 red chilli, seeds removed, finely chopped
- 1/2 tsp ground turmeric
- 1/2 tsp curry powder
- 400g crunch combo sprouts
- 1/2 cup Macro white quinoa
- 500g ripe tomatoes, chopped
- 1 red capsicum, chopped
- 2 cups gluten-free reduced-salt vegetable stock
- 1 cup coriander leaves, chopped, plus extra to serve
- 1/4 cup plain yoghurt, to serve

METHOD

1. Heat oil in a large heavy-based saucepan over medium heat. Cook fennel and mustard seeds for 1 minute or until they start to pop. Add onion, garlic, ginger, chilli, turmeric, and curry powder. Cook for 5 minutes or until onion is tender. Add sprouts and quinoa and stir for 1 minute to coat with spice.
2. Stir in tomato, capsicum, stock and 2 cups water. Bring to the boil, reduce heat to medium-low and simmer for 12 minutes or until sprouts are tender. Stir in coriander and season to taste.
3. To serve soup, scatter over extra coriander and top with yoghurt.

SA Branches & Riding Groups Contacts

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Fleurieu Peninsula

President Brett Wise

Secretary Mike Thorpe – **0405 174 741**

Treasurer David Polkinhorne

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Mallee Branch

President Scott Crockett – **0402 500 037**

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Torrens Valley Branch

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Treasurer Merylin Braunsthal – **0419 829 543**

Southern Flinders Riding Group

Rides Co-ordinator

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Whyalla & Districts Branch

President Perry Zimmerman – **0419 134 511**

JOKES

A car full of Irish nuns is sitting at a traffic light in downtown Dublin, when a bunch of rowdy drunks pull up alongside of them.

"Hey, show us yer tits, ya bloody penguins!" shouts one of the drunks.

Quite shocked, Mother Superior turns to Sister Mary Immaculata and says, "I don't think they know who we are; show them your cross."

Sister Mary Immaculata rolls down her window and shouts, "Piss off, ya fookin' little wankers, before I come over there and rip yer balls off!"

Sister Mary Immaculata then rolls up her window, looks back at Mother Superior, quite innocently, and asks, "Did that sound cross enough?"

~

A vegan said to me that people who sell meat are disgusting. I said people who sell fruit and vegetables are grocer.

~

"So, Doc, you're saying I should touch myself whenever I feel like it.?"

"No Glen, I said you could have a stroke at any time."

~

MAN DIES After Falling into a giant coffee vat. His wife told reporters "He didn't suffer, it was instant"

~



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